

COURAGE **EXPERIENCES**

- IF YOU WERE TO THROW CAUTION TO THE WIND WHAT WOULD YOU DO?
- WHEN WAS A TIME WHEN YOU NEEDED COURAGE AND HAD IT?
- WHEN WAS A TIME WHEN YOU NEEDED COURAGE AND DIDN'T HAVE IT?
- WHEN WAS A DIFFICULT THING THAT YOU CAME THROUGH?
- WHEN WAS A TIME YOU HAD THE COURAGE TO SPEAK OUT?
- HOW DO YOU FEEL ABOUT MAKING QUICK, BOLD DECISIONS WITH LOTS OF COURAGE? DO YOU EVER DO THIS? WHEN WAS A RECENT TIME YOU DID?
- WHAT IMPRESSED YOU AS THE MOST COURAGEOUS THING YOU HAVE EVER SEEN SOMEONE ELSE DO?
- WHAT IS ONE THING IN YOUR LIFE THAT TO ATTAIN IT WILL REALLY REQUIRE COURAGE? WHY?
- WHEN WAS A TIME WHEN THE EASY WAY OUT MADE EVERYTHING WORSE?
- WHAT IS THE MOST COURAGEOUS THING YOU HAVE EVER DONE?
- HOW DO YOU USUALLY FEEL IN NEW SITUATIONS?
- WOULD YOU BE WILLING TO PUT YOUR LIFE ON THE LINE FOR SOMETHING YOU BELIEVE IN?
- DO YOU HAVE THE COURAGE TO SWALLOW YOUR PRIDE?
- WHEN WAS A TIME YOU SPOKE TO SOMEONE YOU WERE AFRAID TO TALK TO?
- DO YOU TURN SETBACKS INTO CHALLENGES?
- ARE YOU WILLING TO FACE CONTROVERSY?
- ARE YOU WILLING TO TRY ANYTHING ONCE? IF NOT WHAT ARE YOUR LIMITS?
- DO YOU LIKE TO TRAVEL TO UNFAMILIAR OR EXOTIC PLACES?
- DO YOU EVER DARE TO BE DIFFERENT?
- WHAT DO YOU DO THAT HELPS YOU TO DEAL WITH PAINFUL OR CHALLENGING SITUATIONS INSTEAD OF AVOIDING THEM?
- DO YOU READILY ACCEPT CHALLENGES?
- WOULD YOU SAY THAT YOU FACE LIFE HEAD ON MORE THAN YOU RUN AWAY FROM IT?
- HOW WILLING ARE YOU TO STAND UP AND BE COUNTED?
- DOES THE PROSPECT OF DOING SOMETHING YOU'VE NEVER DONE BEFORE EXCITE YOU, TERRIFY YOU OR BOTH? WHY?
- DO YOU TEND TO STICK UP FOR PEOPLE WHO ARE BEING MALIGNED OR TREATED UNFAIRLY?
- WHAT DOES IT TAKE FOR YOU TO LET GO OF THE FAMILIAR AND FACE THE UNKNOWN?
- DO YOU TRUST OR LISTEN TO THE VOICE THAT SAYS "YOU CAN'T" ?
- HOW OFTEN DO YOU TAKE THE ROAD LESS TRAVELED?
- DO YOU GIVE YOURSELF PEP TALKS WHEN YOU ARE FACING A CHALLENGE?
- HOW READILY DO YOU STAND UP FOR WHAT YOU BELIEVE IN?
- WHAT WAS THE LAST TIME YOU GOT THROUGH SOMETHING YOU VIEWED AS A CRISIS? HOW DID YOU DO IT?
- WHAT IS ONE THING YOU WANT TO BE STRONG ENOUGH TO DO?
- WHAT DO YOU WISH YOU HAD THE COURAGE TO DO?
- HOW FREQUENTLY DO YOU EXPERIENCE SELF-DOUBT? WHAT TENDS TO BRING IT OUT?